

2010 MIAMI OPEN CHAMPIONSHIP



**Sponsored by the
Miami FSC
Website: miamifsc.com**

To be held at:
Kendall Ice Arena
10355 Hammocks Blvd, Miami, FL 33196

Miami FSC Competition Chair: Jane Johnson
10355 Hammocks Blvd, Miami, FL 33196
competition@miamifsc.com

Approved by:

Basic Skills Committee

All entries must be postmarked no later than July 15, 2010.

2010 MIAMI OPEN CHAMPIONSHIP

COMPETITION ANNOUNCEMENT

The **Miami Open Championship—Basic Skills Competition** is sponsored by the Miami FSC and will be held at Kendall Ice Arena. Competition packages, results and all information will be available on the official competition website (miamifsc.com).

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or Individual Dances.

For the Free skate 1-6 eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

ENTRIES AND FEES

All entries must be postmarked no later than July 15, 2010. Payment of all entry fees must accompany completed entry forms and certification forms. Checks must be made payable to the Miami FSC. Late entries will be accepted at the discretion of the Miami FSC and must include a \$25 late fee. A \$25 service charge will be assessed for each returned check. No refunds will be given after the July 15, 2010 deadline unless the event is cancelled for lack of entries. Entries with incorrect levels entered on the application form and changes need to be made will be assessed a \$25 change fee.

The first event is \$65.00 and each additional event is \$30.00. Entry fees are per person, and must be paid in U.S. dollars. **Late entries will be accepted at the discretion of the competition director and will be subject to an administrative fee of \$15.00.**

There will be NO REFUNDS after the closing date, unless an event is canceled by the Miami FSC. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with fees.

AWARDS – Medals will be awarded to the 1st, 2nd and 3rd place winners in each event, 4th, 5th and 6th place will receive ribbons.

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SCHEDULE OF EVENTS - Will be posted on the Miami FSC website: miamifsc.com, no later than one week prior to the start of the competition. Information regarding groups and skating times will be mailed to each participant who provides a self addressed envelope along with the entry form.

PRACTICE ICE

Advanced purchase of practice ice is available for \$12.00 per 30 minute session. Practice ice will be available for purchase at the event for \$14.00 per 30 minute session, space permitting. Basic Skills Practice ice will begin Sunday, August 22, 2010. The practice ice schedule will be posted in the Miami FSC website, www.miamifsc.com. No practice ice will be scheduled by phone. The practice ice desk will be located at the registration desk. Due to length of sessions no music will be played during practice ice. For advanced purchase of practice ice, please complete and send the attached practice ice application and return your check postmarked by August 1, 2010 to:

Miami FSC Competition Chair
10355 Hammocks Blvd.
Miami, FL 33196

MUSIC - Music for free skating programs and showcase must be provided on CD. CDs should be clearly marked with the following: skater's name, event entered, home club/arena name, and coach name. CDs should have only one track recorded and no mini CDs are allowed. CDs must be turned in at the time of registration. Time duration is always \pm 10 seconds. We encourage you to have an additional copy of the music in case of emergency.

PHOTOGRAPHER/VIDEOGRAPHER – A photographer/videographer will be available during the competition. If so, photographs/video will be taken of all individual participants and award ceremonies.

OFFICIALS USFS Rule #1240

USFS Rule #1241 For Basic Skills Competitions three judges, not related to the competitor, are required for each event. Judges may be:

HOTEL ACCOMODATIONS – Local hotel reservations may be made through the Miami FSC. For special Miami Open Competition rates and information, please email Joanne Logan at: hotels@miamifsc.com.

2010 MIAMI OPEN CHAMPIONSHIP

ELEMENTS EVENT -BASIC SKILLS CURRICULUM

- To be skated on 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (All skaters perform element 1 before moving on to element 2 and so on).

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop - R or L 	

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FREE SKATE 1-6 COMPULSORY EVENT

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- Deductions will be made if elements from a higher level are performed

<p><u>Freeskate level 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Freeskate level 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<p><u>Freeskate level 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Freeskate level 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<p><u>Freeskate level 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Freeskate level 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump



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BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Basic Programs with Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter-clockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn from a standstill - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3 turn - R & L from a standstill 4. Backward stroking 5. Backward snowplow stop - R or L 	

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Freestyle 1-6 Music Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<p><u>Free skate level 1</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Scratch spin from backward crossovers 3. Waltz jump from backward crossovers 4. Half flip jump 	<p><u>Free skate level 4</u></p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets-R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
<p><u>Free skate level 2</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Beginning back spin - entry optional 3. Waltz jump, side toe hop, waltz jump series 4. Toe loop jump 	<p><u>Free skate level 5</u></p> <ol style="list-style-type: none"> 1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop jump 4. Flip jump
<p><u>Free skate level 3</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin 3. Salchow jump 4. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Free skate level 6</u></p> <ol style="list-style-type: none"> 1. Camel, sit spin combination - minimum of 4 revolutions total 2. Split jump or stag jump 3. Waltz jump, ½ loop, Salchow combination 4. Lutz jump



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ADULT ELEMENTS EVENT –BASIC SKILLS CURRICULUM

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (All skaters perform element 1 before moving on to element 2 and so on).

<p>Adult 1 Elements</p> <ol style="list-style-type: none"> 1. Forward strides and glides. 2. Forward Swizzles (4-6 in a row). 3. Backward Swizzles (4-6 in a row). 4. Forward one foot glides, right and left. 5. Snow plow stop (right or left). 	<p>Adult 3 Elements</p> <ol style="list-style-type: none"> 1. Backward inside edges on a circle, clockwise and counter clockwise. 2. Backward crossovers, clockwise and counter clockwise. 3. Inside Mohawk, right to left or left to right. 4. Beginning two foot spin. 5. Backward snowplow stop – right or left.
<p>Adult 2 Elements</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Backward ½ swizzle pumps on a circle – clockwise and counter clockwise. 3. Forward outside edges on a circle, clockwise and counter clockwise. 4. Forward crossovers, Clockwise and counter clockwise. 5. Forward Pivot – One direction only. 	<p>Adult 4 Elements</p> <ol style="list-style-type: none"> 1. Forward outside three turns, right and left. 2. Forward inside three turns, right and left. 3. Alternate back crossovers with two foot transition. 4. Footwork sequence: 3-5 forward crossovers to a inside Mohawk, 3-5 backward crossovers, step forward inside the circle.

Adult Freeskate Programs 1-4 with music

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Vocal music is not allowed.

May use elements from a previous level. Deductions will be made for each element from a higher level that are skated. Time 1:30+/-10sec

Time 1:30+/-10sec

<p>Adult 1</p> <ol style="list-style-type: none"> 1. Forward strides and glides. 2. Forward Swizzles (4-6 in a row). 3. Backward Swizzles (4-6 in a row). 4. Forward one foot glides, right and left. 5. Snow plow stop (right or left). 	<p>Adult 3</p> <ol style="list-style-type: none"> 1. Backward inside edges on a circle, clockwise and counter clockwise. 2. Backward crossovers, clockwise and counter clockwise. 3. Inside Mohawk, right to left or left to right. 4. Beginning two foot spin. 5. Backward snowplow stop – right or left.
<p>Adult 2</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Backward ½ swizzle pumps on a circle – clockwise and counter clockwise. 3. Forward outside edges on a circle, clockwise and counter clockwise. 4. Forward crossovers, Clockwise and counter clockwise. 5. Forward Pivot – One direction only. 	<p>Adult 4</p> <ol style="list-style-type: none"> 1. Forward outside three turns, right and left. 2. Forward inside three turns, right and left. 3. Alternate back crossovers with two foot transition. 4. Footwork sequence: 3-5 forward crossovers to a inside Mohawk, 3-5 backward crossovers, step forward inside the circle.

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ENTRY FORM

Name _____ Age _____ Sex _____
Last First

Address _____ City _____

State _____ Zip _____ Email _____

Area Code/Phone # _____ Birth date _____ USFSA Number _____

Current Skating Level _____ Last USFSA Level Passed _____

Home Rink or Club that I represent _____

Coach's name _____ Phone # _____

Coach's Email address _____

Please check the event(s) you are entering:

Snowplow Sam (Tots)

- Elements
 Solo Program

Basic 1

- Elements
 Solo Program

Basic 2

- Elements
 Solo Program

Basic 3

- Elements
 Solo Program

Basic 4

- Elements
 Solo Program

Basic 5

- Elements
 Solo Program

Basic 6

- Elements
 Solo Program

Basic 7

- Elements
 Solo Program

Basic 8

- Elements
 Solo Program

Freestyle 1

- Compulsories
 Solo

Freestyle 2

- Compulsories
 Solo

Freestyle 3

- Compulsories
 Solo

Freestyle 4

- Compulsories
 Solo

Freestyle 5

- Compulsories
 Solo

Freestyle 6

- Compulsories
 Solo

Adult 1

- Elements
 Solo Program

Adult 2

- Elements
 Solo Program

Adult 3

- Elements
 Solo Program

Adult 4

- Elements
 Solo Program

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ENTRY FEE IS \$65.00 FOR 1st EVENT AND \$30 PER EACH ADDITIONAL EVENT

First Event \$ _____
Additional Event \$ _____
Additional Event \$ _____
Personal Program ad \$ _____
Total: \$ _____

All entries must be postmarked no later than July 15, 2010

Make check or money order payable to the Miami FSC and mail to: Miami FSC c/o Kendall Ice Arena Attention Competition Chairman. 10355 Hammocks Blvd. Miami, Florida.

Competition Chairman, Jane Johnson

Email: competition@miamifsc.com

IMPORTANT---ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS THE EVENT IS CANCELED BY THE MIAMI FSC.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Miami FSC, USFS, and Kendall Ice Arena, harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ **Date** _____

***Instructor Signature** (Coach certifies that his/her student is competing at the correct level).

Coach: _____ **Date** _____

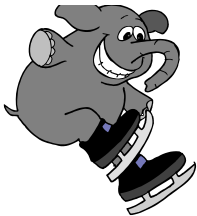
***Program Director/Club Officer** _____ **Date** _____

COMPETITOR SIGNATURE _____ **Date** _____

***It is strongly recommended that the instructor and authorized USFS Club Officer/Program Director sign AFTER the parents have filled out the form to assure correctness.**


COMPETITION ADVERTISEMENTS

1




Ashley,
SK8 Great!
Love Mom & Dad

2




**Maria,
Skate Because You
Love It!**

3



Smile and point your
heel!
Coach Bob

4




Go Freddy. Go!
We know you can do it!
Aunt Betty

5




Good Luck,
Little Suzy!
Grandma & Grandpa!

6




**STEVE,
"OLD SKATERS
NEVER DIE, THEY
JUST GO OFF THEIR
ROCKER"!**

7



2,4,6,8, Show them
how to Figure
Skate! Go Mary!
Love Dad!

8



*If it was easy,
they'd call
it...Hockey!*
Love Mom & Dad!

9



Go for the
"GOLD"!
Love, Mom and Dad!

Select by ad # Print the message you want on your ad in the box below! Please be aware that space limitations apply!

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Amount

**Personal Program Ads
\$10.00 each**

Total: _____